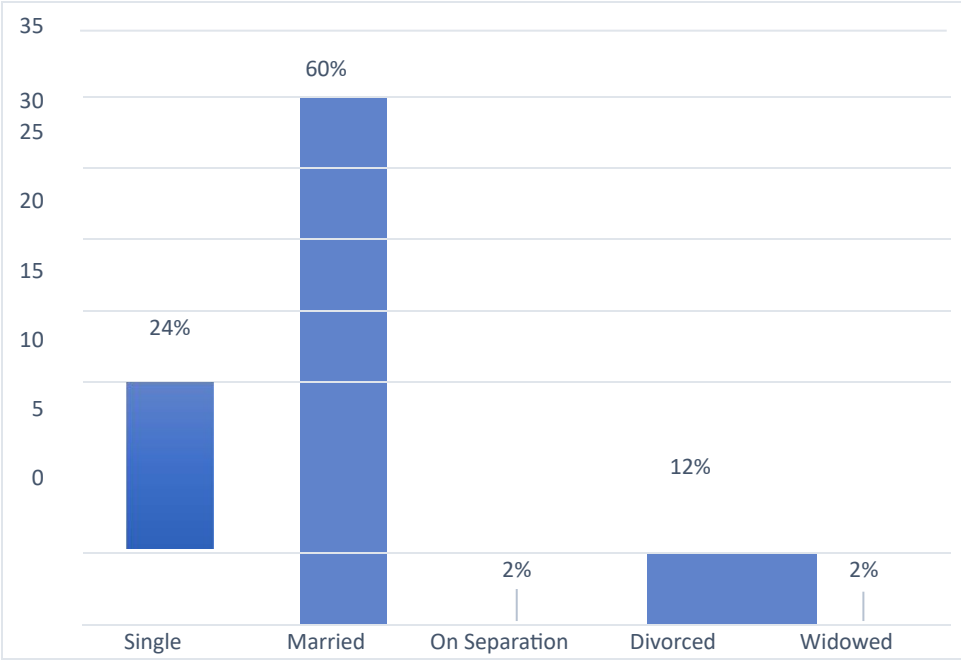


Chart 1: A pie chart showing the sex of the respondents



Graph 1: A bar graph showing the marital status of the respondents

| Age range | Frequency | Percentage |
|--------------|-----------|------------|
| 15-19 | 3 | 6 |
| 20-29 | 16 | 32 |
| 30 -39 | 17 | 34 |
| 40-49 | 5 | 10 |
| 50 -59 | 4 | 8 |
| 60-69 | 3 | 6 |
| 70 Above | 2 | 4 |
| Total | 50 | 100 |

Table 1: A table showing the age range of the respondents

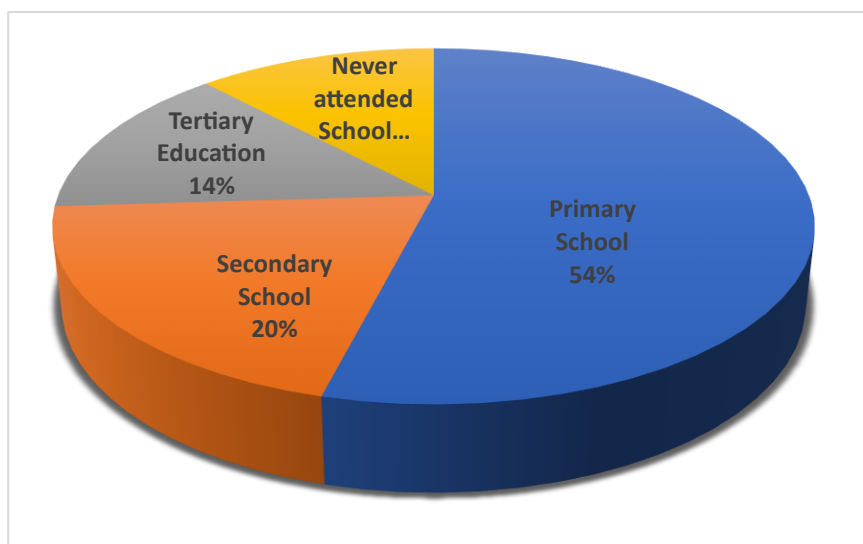
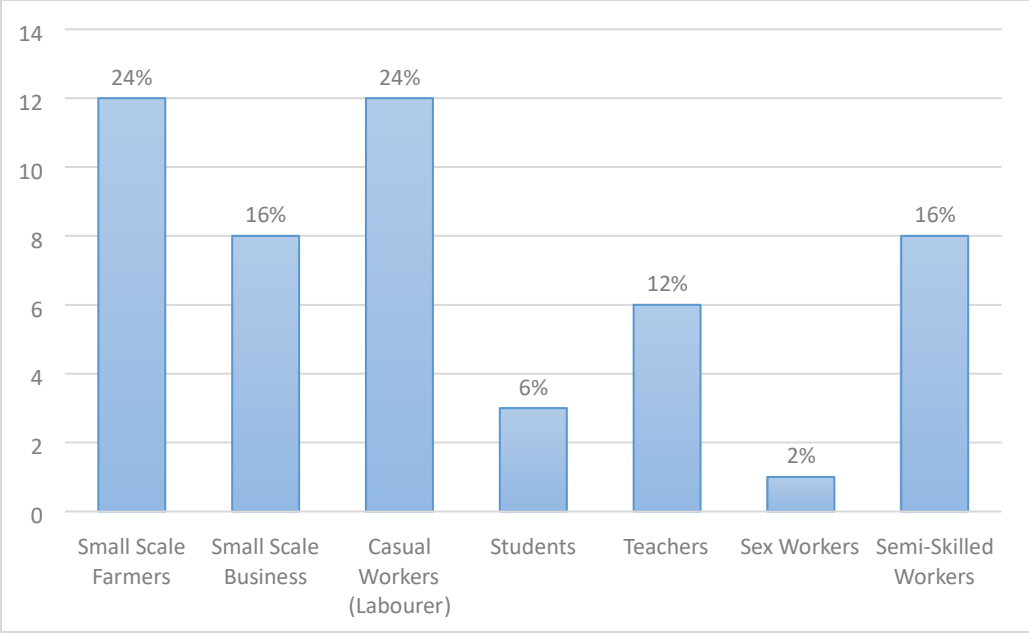


Chart 2: A pie chart showing educational background of the respondents



Graph 2: A bar graph showing the occupation of the respondents

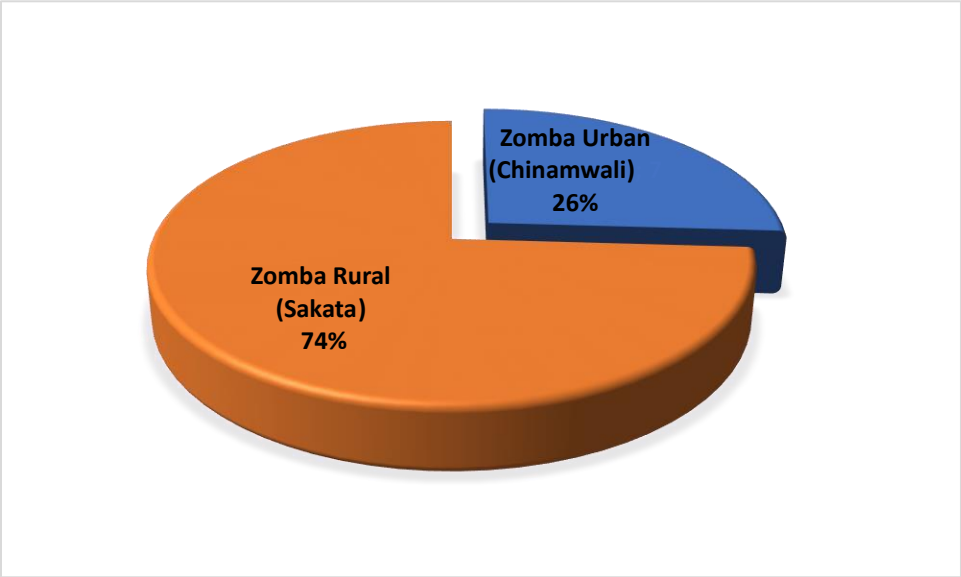
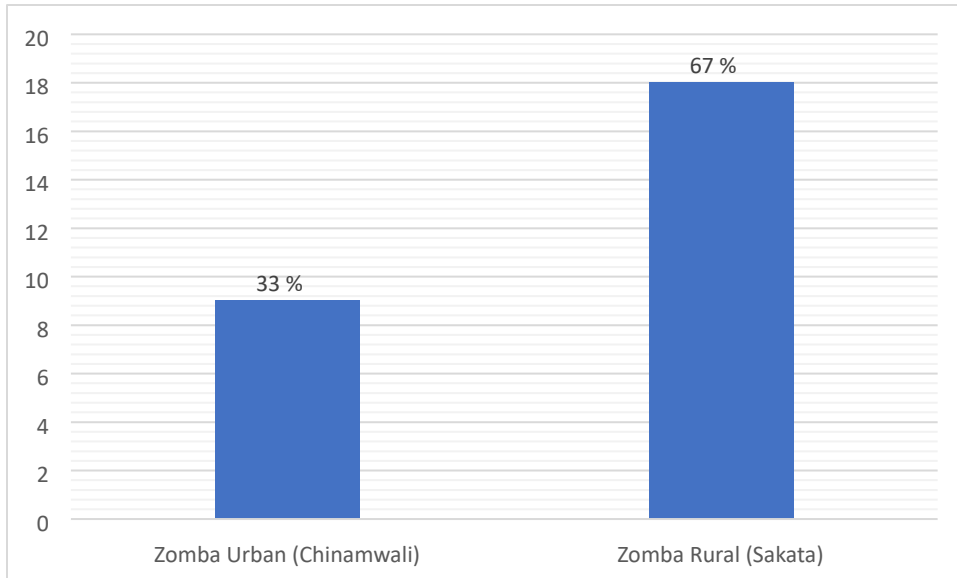


Chart 3: A pie chart showing a comparison of those who smoke from Zomba urban and Zomba rural



Graph 3: A pie chart showing a comparison of those who drink alcohol from Zomba urban and Zomba rural

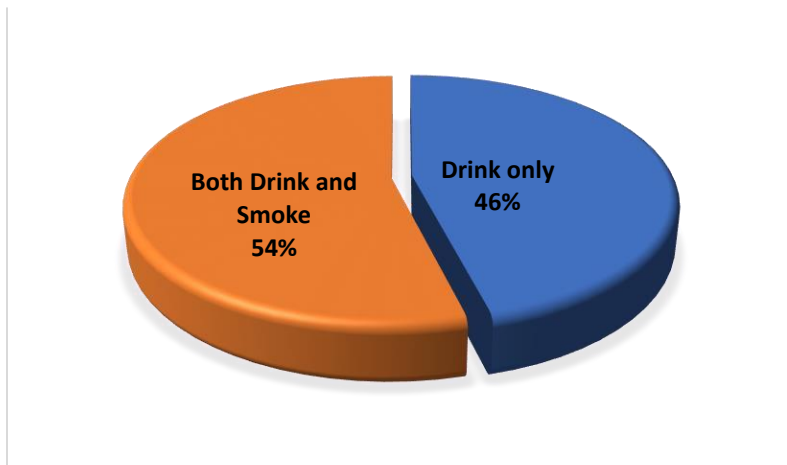
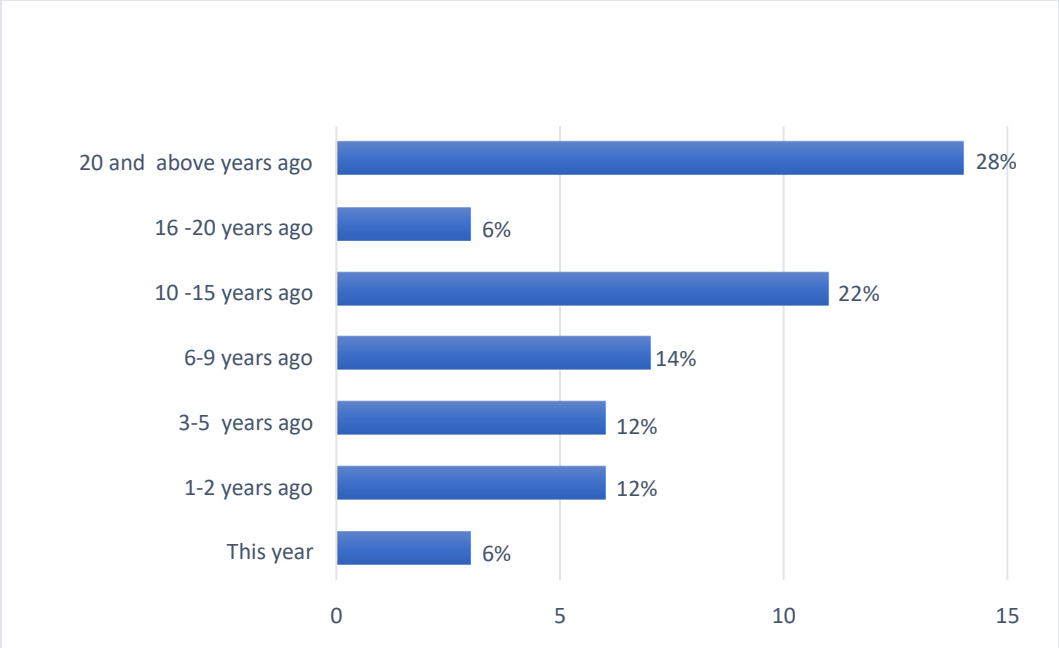
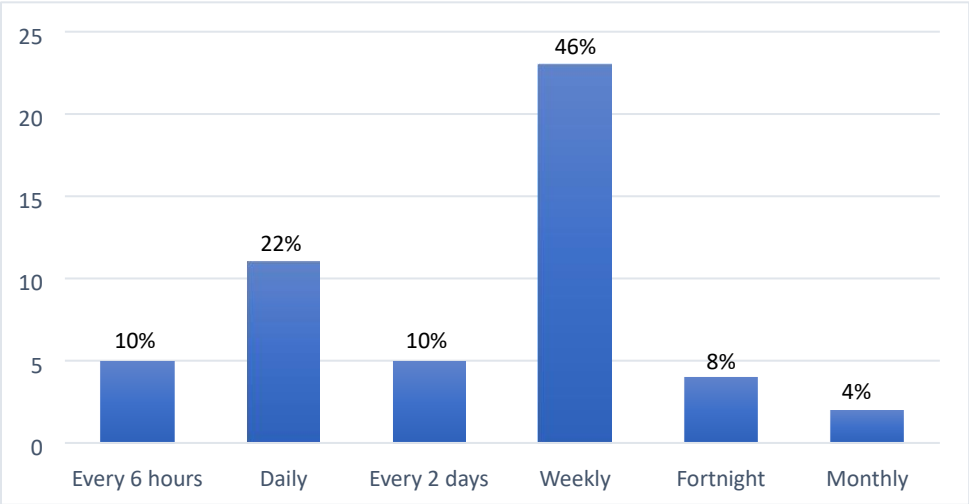


Chart 4: A pie chart showing the number of respondents who drink only and both drink and smoke.



Graph 4: A bar graph showing the number of years the respondents have been drinking or smoking



Graph 5: A bar graph showing how often the respondents drink alcohol

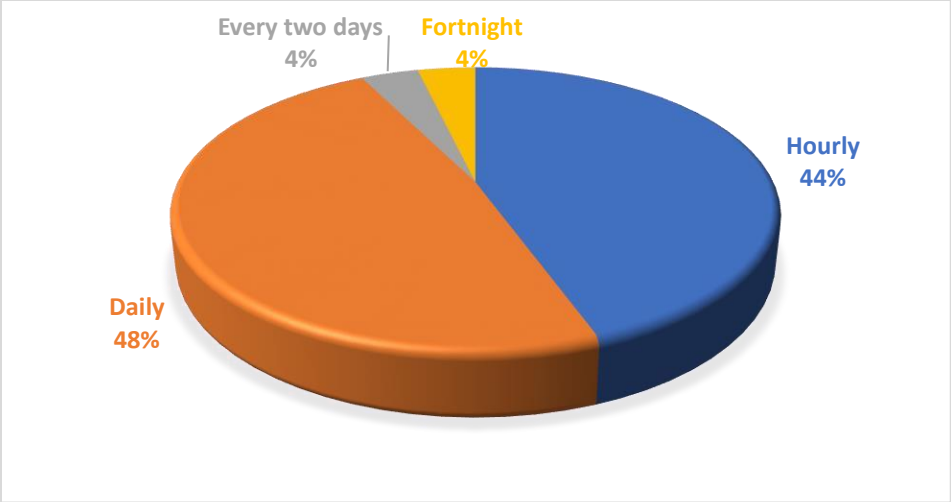
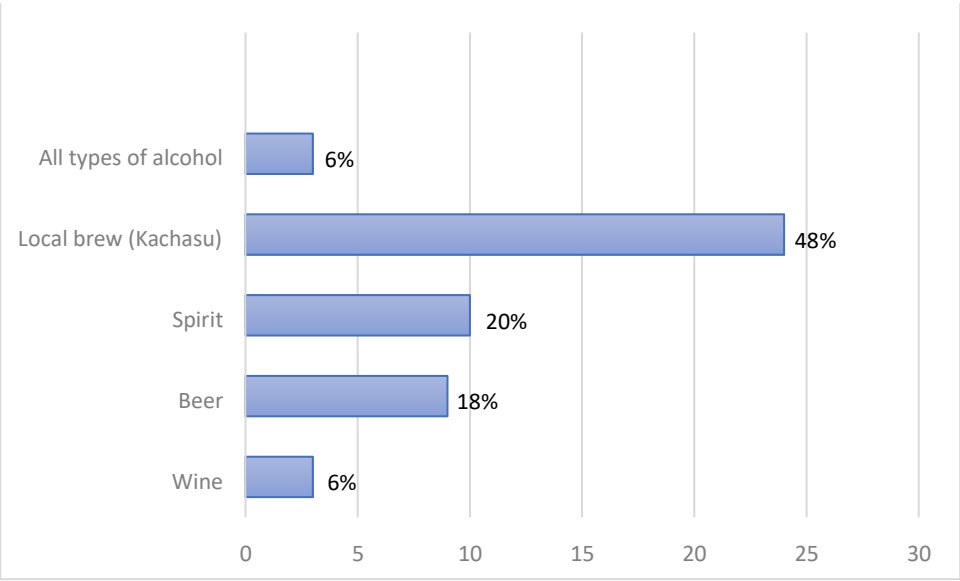
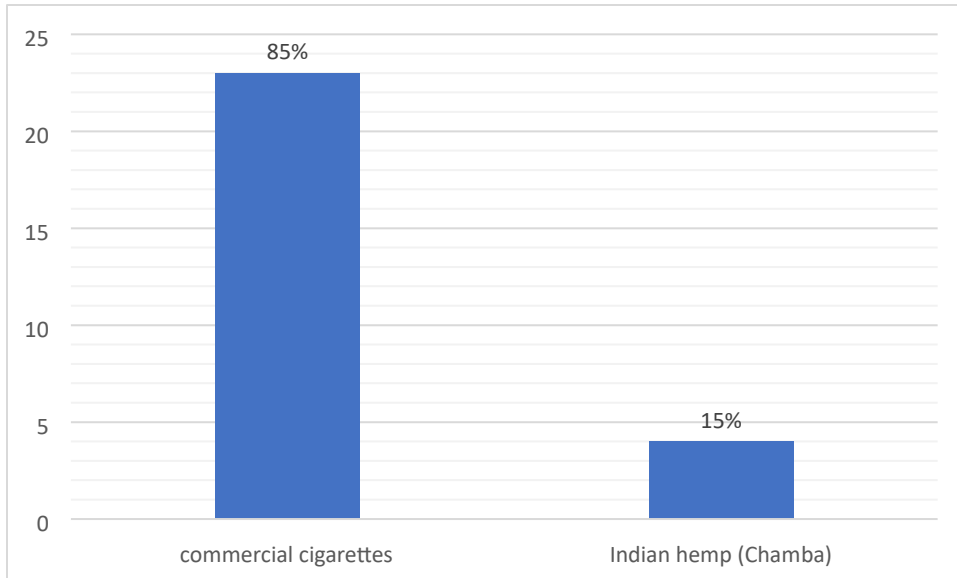


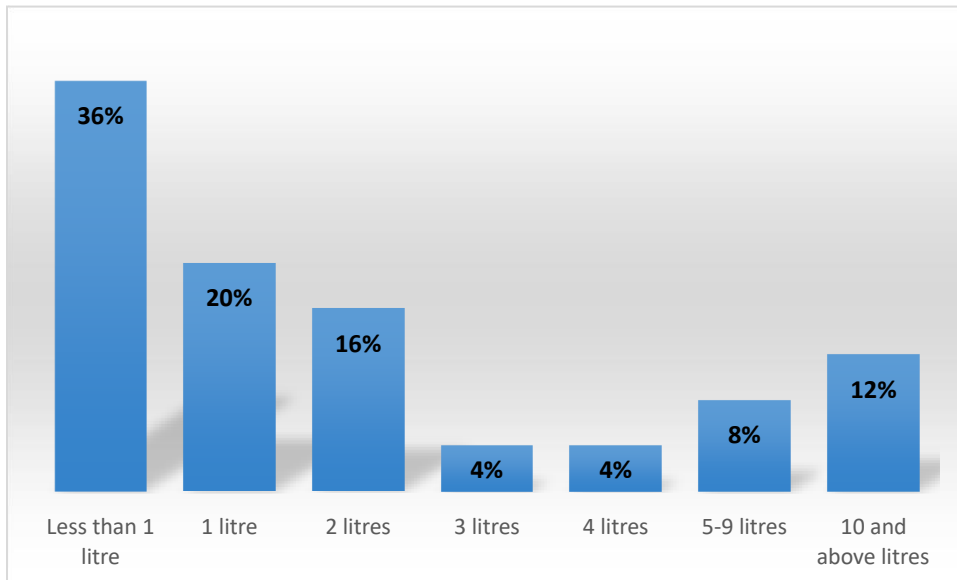
Chart 5: A pie chart showing how often respondents smoke



Graph 6: A bar graph showing types of alcohol drunk by the respondents



Graph 7: A bar graph showing the type of smoke smoked by the respondents



Graph 8: A bar graph showing the quantity of alcohol consumed by respondents per session

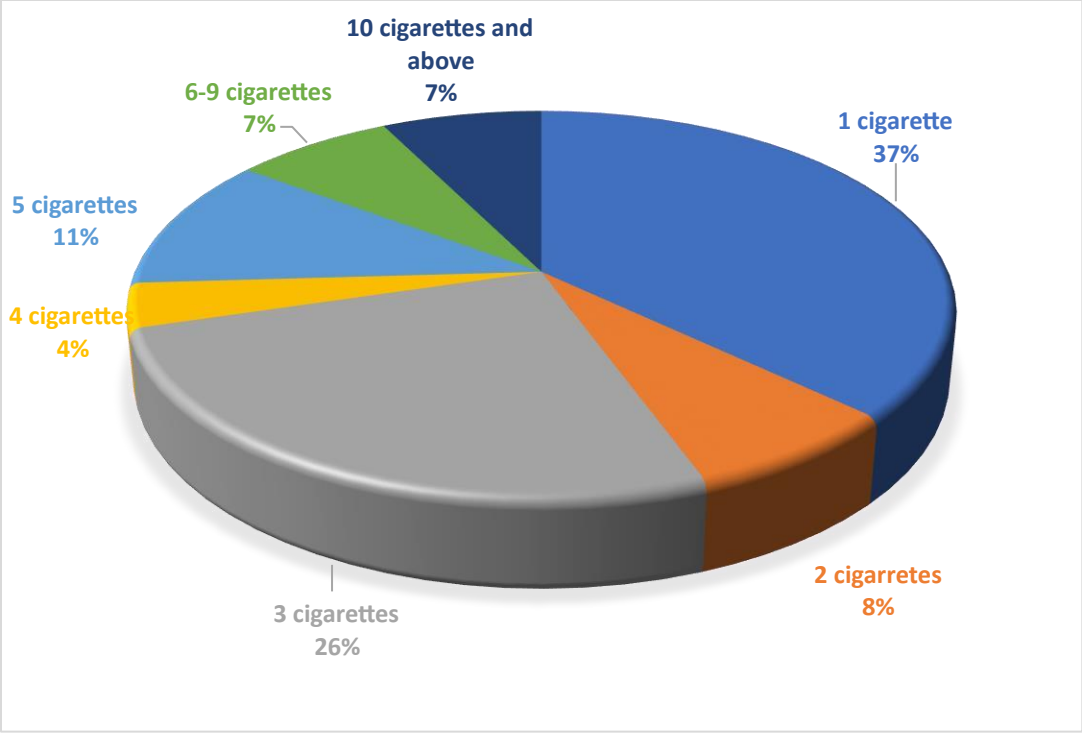


Chart 6: A pie chart showing the number of cigarettes smoked by respondents per session

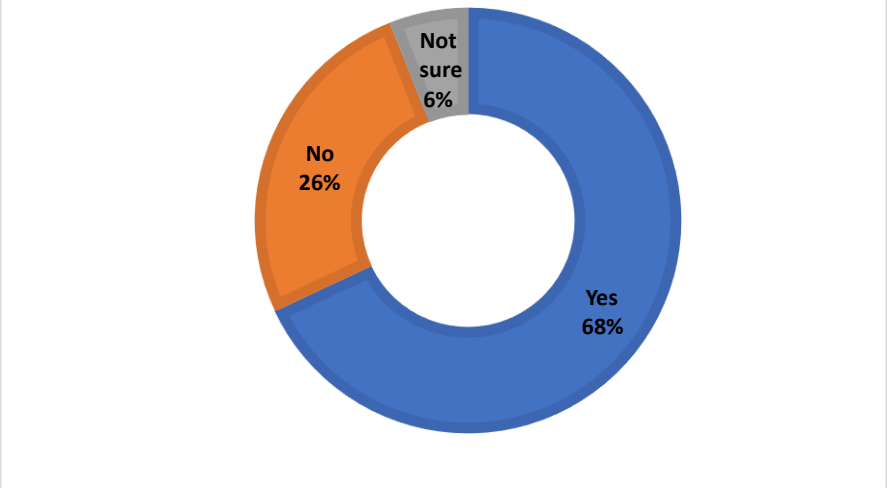


Chart 7: A pie chart showing the number of respondents who had thoughts of quitting smoking and drinking

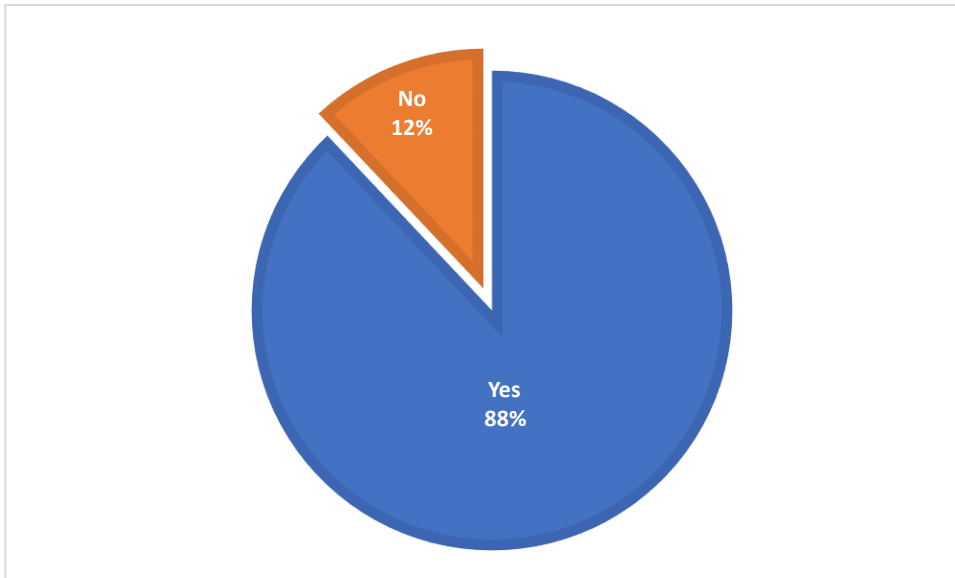
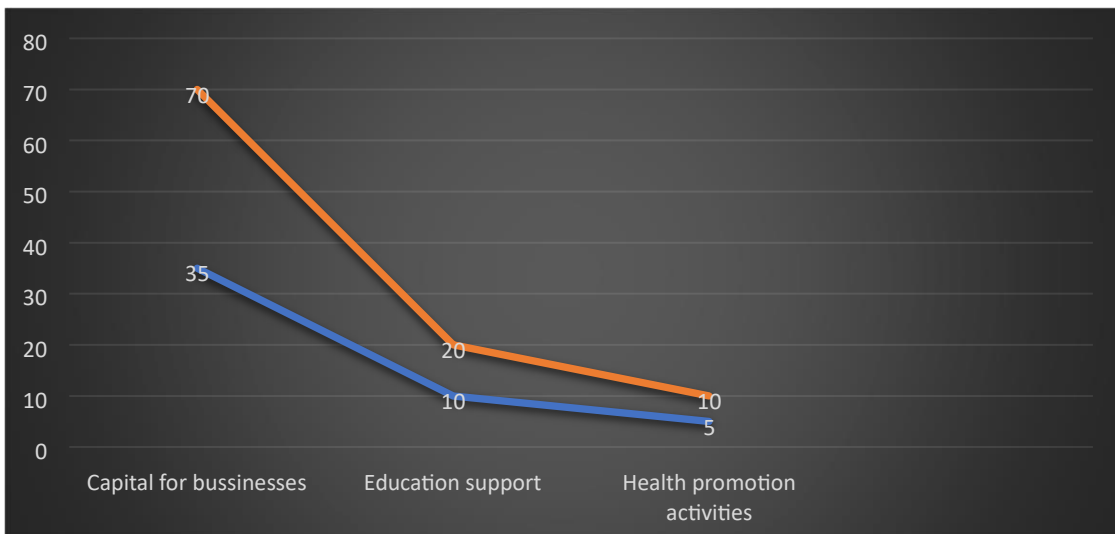


Chart 8: A pie chart showing the number of respondents who are ready to join any program or project that may assist them to quit smoking and alcohol abuse



Graph 9: A line graph showing some strategies that can be used to enhance quitting of smoking and alcoholism among respondents